



# Explore your leadership potential within health

**Future Leaders Programme**

Open to health students in their final year of study.



30 April – 4 May 2025  
12 May – 16 May 2025  
APPLICATIONS NOW OPEN



**TE PAPA  
HAUORA**  
*The future of health*

## Future Leaders Programme

Think. Connect. Transform.

Health systems in New Zealand are shaped, and will continue to be shaped, by health professionals who look beyond their functional roles to make it better.

We all have the capacity to lead, but we are often not exposed to exploring opportunities relating to leadership.

This course is designed to encourage you to extend your boundaries and to explore your leadership potential.

The five-day programme is built on the award-winning Xcerlr8 leadership programme. You will learn about what makes the Canterbury Health System work, its key drivers and differentiators within the context of the wider NZ health system reform. Share a wealth of experiences from industry leaders:



**Health leaders** sharing their personal journey, perspectives and hopes.



**Technical experts** sharing their expertise on systems thinking and organisational performance.



**Futurists** sharing the trends that will shape our communities and work environments.



**Business leaders** sharing their insights and expectations of our health systems.

By the end of the course you will have a better understanding of how you can contribute to leadership, and your attributes that have the potential to shape the health system.

## Key information

- The programme is five full and consecutive days, free to students, with catering provided.
- Applicants should be health students in their final years of study.
- The programme is limited to 20 students.

We are running two sessions this year, at Manawa in the Health Precinct, 8.30am to 4.30pm.

**Wednesday 30th April to Sunday 4th May**  
**Monday 12th May to Friday 16th May**

Applications close Thursday 20th March 5pm.

**For more information, or to apply visit:**

[www.healthprecinct.org.nz/future-leaders-programme](http://www.healthprecinct.org.nz/future-leaders-programme)

### Teaching style

The learning is experiential with group and individual exercises, fire-side chats, guest presenters and culminates with a full-day group challenge. This is an evolution of the Xcelr8 leadership programme attended by over 2,000 senior health leaders from across New Zealand.

### Opportunities

While you will learn much about health systems and the health, societal and business trends that will shape them in the future, you will also learn about yourself, your behavioural strengths and how best to play a role beyond the functional role you are training for.

Being a programme Alumnus will give you the connections and knowledge to prepare for your role in the health system beyond practitioner, to that of supporter and designer of future systems and services.



## Programme Structure

*Please note that sessions and timing may change as the programme is further developed.*

### Day 1: Who Are We, and What Is Our Health System?

Following orientation and introductions, this session looks at the definition of our health system, health system drivers and the current health system reforms. You will look at how they address current inequities and improve efficiencies in health outcomes.

### Day 2: Informal Leadership

What does leadership look like when you have no formal authority to lead? You will learn through case studies and hear from guests how to lead when you may not have a formal leadership role. We will also explore how to shape your workplace to be inclusive, celebrate diversity and create a sense of belonging, reflecting principles of Te Tiriti o Waitangi.

### Day 3: How Systems Work?

You will look at some of the key New Zealand health system drivers close-up. You will explore caring for our patients through good processes. An offsite field trip to visit a high performing manufacturer will help apply your knowledge.

### Day 4: Disruption-A World of Change

The focus of this session is on disruption and preparing for uncertain times, including how innovation and collaboration play a part in real world situations. The day will include looking more closely at complex adaptive systems and an introduction to design thinking.

### Day 5: Your Future You

Your final day is an interactive day, working together to think and perform as a system. Task oriented and with reflection, you will have the opportunity to redefine the changes you want to see in the health system applying your knowledge.

**Be the change you want  
to see in the world.**



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